

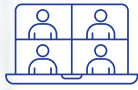
Focus

The Journal of Lifelong Learning in Psychiatry



Anxiety and Stress-Related Disorders

Guest Editor: Eric Bui, M.D., Ph.D.



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With each issue, participants review current knowledge, recognize gaps in learning, and increase their understanding of an important topic in the field of psychiatry.

Participants also can prepare for an annual self-assessment designed to aid the physician in addressing areas where more study is needed to enhance management of patients.

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Focus

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"Lifelong Learning in Psychiatry" is an evolving series of educational initiatives developed by the American Psychiatric Association to meet the changing needs of psychiatrists for the 21st century.

Focus offers clinical reviews and original research for practicing psychiatrists to keep abreast of significant advances in the field. Developed as part of APA's "Lifelong Learning in Psychiatry" series—educational initiatives to meet the changing needs of psychiatrists for the 21st century—*Focus* has as its goal the dissemination of up-to-date information while facilitating lifelong study skills and critical self-assessment for improving patient care and preparation for maintenance of certification. Each issue is designed as a personal study resource with particular attention to clinical practice and offers opportunities to earn AMA PRA Category 1 Credit[™].

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The American Board of Psychiatry and Neurology has reviewed *Focus: The Journal of Lifelong Learning in Psychiatry* and the *Focus Self-Assessment Examination* and has approved this program as part of a comprehensive lifelong learning and self-assessment program, which is mandated by the American Board of Medical Specialties as a necessary component of maintenance of certification.

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The *Focus Self-Assessment* is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Psychiatric Association. You may claim a maximum of 24 hours (credits are automatically calculated).

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Özlem Türeci (left) and Ugur Sahin are honored for their efforts in the field of mRNA technology research. Türeci and Sahin are founders of BioNTech, which within a short time developed and obtained approval for a COVID-19 vaccine. This issue on anxiety and stress-related disorders appears amidst the worldwide stressor of COVID-19 and includes a review of a potential mental health manifestation of the pandemic: prolonged grief (Photo by Bernd von Jutrczenka/picture alliance via Getty Images).