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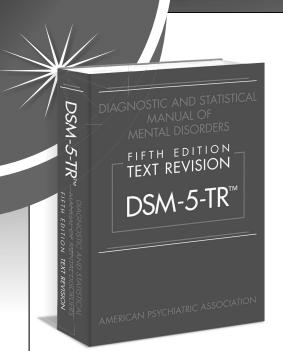


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American Psychiatric Association

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Abraham M. Nussbaum, M.D., M.T.S.

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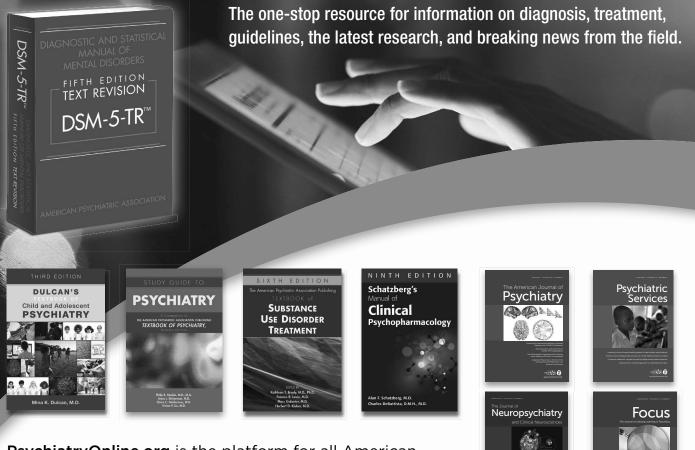
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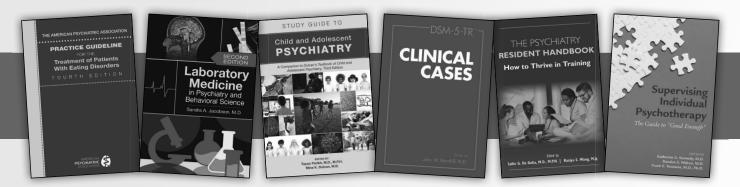
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Edited by Tapan Parikh, M.D., M.P.H., and Mina K. Dulcan, M.D.

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Sleep disturbance often precedes the onset of autism characteristics in early childhood. In their article, Annette Estes, Ph.D., and colleagues highlight the importance of good sleep hygiene and how to optimize success when addressing sleep disruption in autistic children. (Photo: JLBarranco, via iStock)

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