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Focus, the APA clinical review and continuing medical education (CME) journal, is designed as a personal study resource to help practicing psychiatrists keep abreast of significant advances in the field, with particular attention to clinical practice.

With each issue, participants review current knowledge, recognize gaps in learning, and increase their understanding of an important topic in the field of psychiatry.

Participants also can prepare for an annual self-assessment designed to aid the physician in addressing areas where more study is needed to enhance management of patients.

TO EARN CME CREDIT

Each issue, prepared by distinguished faculty who are recognized leaders in their fields, incorporates a CME component. To earn CME credit for *Focus*, subscribers should read through the material presented in each issue. After reading the material, complete the CME Quiz online at focus.psychiatryonline.org, and earn credit with a passing score of 60%.

ACCREDITATION AND DESIGNATION

The American Psychiatric Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians. The APA designates this journal-based CME activity for a maximum of 5 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Focus

The Journal of Lifelong Learning in Psychiatry

"Lifelong Learning in Psychiatry" is an evolving series of educational initiatives developed by the American Psychiatric Association to meet the changing needs of psychiatrists for the 21st century.

Focus offers clinical reviews and original research for practicing psychiatrists to keep abreast of significant advances in the field. Developed as part of APA's "Lifelong Learning in Psychiatry" series—educational initiatives to meet the changing needs of psychiatrists for the 21st century—*Focus* has as its goal the dissemination of up-to-date information while facilitating lifelong study skills and critical self-assessment for improving patient care and preparation for maintenance of certification. Each issue is designed as a personal study resource with particular attention to clinical practice and offers opportunities to earn AMA PRA Category 1 Credit™.

The American Board of Psychiatry and Neurology

The American Board of Psychiatry and Neurology has reviewed *Focus: The Journal of Lifelong Learning in Psychiatry* and the *Focus Self-Assessment Examination* and has approved this program as part of a comprehensive lifelong learning and self-assessment program, which is mandated by the American Board of Medical Specialties as a necessary component of maintenance of certification.

Royal College of Physicians and Surgeons of Canada

The *Focus Self-Assessment Examination* (Vol. 14) is an accredited self-assessment program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and was approved by the Canadian Psychiatric Association on Oct. 1, 2016. This program expires Oct. 31, 2019. Remember to visit MAINPORT (<https://www.mainport.org/mainport/>) to record your learning and outcomes. You may claim a maximum of 24 hours (credits are automatically calculated).

American Academy of Physician Assistants



The *Focus Self-Assessment CME Program* for Volume 12 has been reviewed and is approved for a maximum of 24 AAPA Category 1 Self-Assessment CME credits by the Physician Assistant Review Panel. Approval is valid until Oct. 31, 2017. Physician assistants should claim credit commensurate with only the extent of their participation in the activity. This program was planned in accordance with AAPA's CME Standards.



The Performance Improvement CME programs marked on the next page with an asterisk have been reviewed and are approved for a maximum of 20.00 AAPA Category 1 PI-CME credits by the Physician Assistant Review Panel. Total number of approved credits for each stage of this PI-CME program are as follows: Stage A: 5.0 AAPA Category 1 PI-CME credits; Stage B: 5.0 AAPA Category 1 PI-CME credits; Stage C: 5.0 AAPA Category 1 PI-CME credits. Bonus for completion of all three stages: 5.0 AAPA Category 1 PI-CME credits. Approval is valid until dates listed below. Physician Assistants should claim only the credit commensurate with the extent of their participation in the activity. This program was planned in accordance with AAPA's CME Standards.

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